

**HEALTHY CHOICE MENU ITEMS**

LOW FAT TURKEY WRAP lean sliced turkey breast with non fat ranch, lettuce, cucumbers, tomato & Lacy Swiss low fat cheese in a low carb wrap / Qualifies for the sponsored discount....	\$6.95
PANINI "LITE" grilled breast of chicken with non fat Russian, low fat Lacy Swiss, roasted pepers & lettuce on a whole grain low fat "roll"	\$6.50
SPINACH NUT BURGER Our "Famous" blend of Spinach, Spices, Chic Peas, Walnuts and low fat cheeses on a Pita Bread with low-fat Pesto Mayonnaise, Sprouts & Tomato	\$6.25
TURKEY BURGER ground lean turkey breast, grilled on a lite whole wheat bun with lettuce, tomato, non fat chili mayo & Low fat Lacy Swiss cheese	\$5.95
WHITE BEAN HUMMUS in a pita with oven roasted tomatoes & sweet grilled onions	\$6.95

MAKE YOUR OWN SALAD

ARUGULA	\$5.00
BABY SPINACH	\$5.00
MIXED GREENS	\$4.79
ROMAINE	\$4.79