



Specials Tuesday 9-7-----SOUPS

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| BUTTERNUT SQUASH Large | \$4.75 |
| BUTTERNUT SQUASH Small | \$3.75 |
| CHICKEN CORN CHOWDER Small | \$3.75 |
| CHICKEN CORN CHOWDER Large | \$4.75 |
| CREAM OF BROCCOLI large | \$4.75 |
| CREAM OF BROCCOLI Small | \$3.75 |
| CREAM OF TOMATO large | \$4.50 |
| CREAM OF TOMATO small | \$3.50 |
| LENTIL & ITALIAN SAUSAGE small | \$3.75 |
| LENTIL & ITALIAN SAUSAGE large | \$4.75 |

Specials Tuesday 9-7-----CHILI & STEW

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| BEEF CHILI large | \$5.50 |
| BEEF CHILI small | \$4.50 |

Specials Tuesday 9-7-----SALAD SPECIALS



09/09/2010

RARE SEARED AHI TUNA SALAD \$9.95
rare ahi tuna over arugula with oranges, almonds, edamame & cilantro
vinaigrette

SALMON SALAD OVER MIXED GREENS \$7.99

Specials Tuesday 9-7-----SANDWICHES

BBQ MEATLOAF SANDWICH \$6.50
with grilled onions, bbq sauce & cheddar cheese

CAJUN SALMON SANDWICH \$7.25
cajun grilled salmon on a Portuguese roll with cucumbers, ranch &
tomatoes

CHICKEN CUTLET SANDWICH \$7.95
On a Portuguese roll with roasted peppers, fresh mozzarella & pesto

CHICKEN PARM WEDGE \$6.95
Chicken cutlet on a wedge with mozzarella cheese topped with our own
marinara sauce

CORNED BEEF ON RYE \$7.95
a taste of tomorrow-thick cut, piled high on rye bread with deli
mustard, pickles & Swiss cheese- generally a messy sandiwch---

CRAB CAKE SANDWICH \$6.95
Lettuce, tomato, and tartar sauce on a Portuguese roll

CUBAN PRESS \$6.95
sliced slow roasted pork grilled with mustard, pickles
& Swiss cheese on grilled Portuguese roll

FILET MIGNON STEAKHOUSE BAGUETTE \$8.95
grilled filet mignon on a baguette with with blackstick bleu
(English cheddar bleu), tomato & red onion on a baguette with steak sauce

NAOMIS TUNA SALAD WRAP \$6.95
tuna salad with cranberries, apples and lite mayonnaise with cucumbers & lettuce in a wrap



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| PHILLY CHEESEBURGER an 8 oz burger served on a Ciabatta roll with grilled onions, peppers & melted American cheese- served with a 4 oz side of potato salad, coleslaw, pasta salad or grilled vegetable salad | \$7.00 |
| PULLED BBQ PORK SANDWICH on a portuguese roll with cheddar cheese & grilled onions | \$6.50 |
| RAVAGO BURGER Veggie burger on a sesame seed bun with chili mayo, jack cheese & avocado | \$6.95 |
| SALMON SALAD with cucumbers, tomato & lettuce in a wrap | \$6.95 |
| SALMON SALAD SANDWICH On a croissant with lettuce & tomato | \$7.25 |
| TARRAGON CHICKEN SALAD WRAP poached chicken with tarragon, oranges, grapes, almonds and lite mayonnaise in a wrap with lettuce | \$6.95 |
| WHITE BEAN HUMMUS in a pita with oven roasted tomatoes & sweet grilled onions | \$6.95 |

Specials Tuesday 9-7-----PANINIS

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| NO.1 - TURKEY GRILLED FLAT BREAD PANINI Russian, Coleslaw, Swiss Cheese on Grilled Flat Bread | \$7.75 |
| NO.2 - CAJUN CHICKEN GRILLED FLAT BREAD PANINI Cheddar Cheese, Roasted Peppers, Tomato & Honey Mustard on Grilled Flat Bread | \$7.75 |
| NO.3 - SMOKED TURKEY GRILLED FLAT BREAD PANINI Avocado, Chili Mayonnaise, Pepper Jack Cheese on Grilled Flat Bread | \$7.75 |
| NO.4 - ROAST BEEF GRILLED FLAT BREAD PANINI Horseradish Mayonnaise, Cheddar Cheese, Coleslaw & Tomato on Grilled Flat Bread | \$7.75 |
| NO.5 - GRILLED EGGPLANT FLAT BREAD PANINI Roasted Peppers, Provolone, Grilled Onions, Fresh Basil & Pesto Mayonnaise on Grilled Fat Bread | \$7.75 |



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| PROSCUITTO Sliced proscuitto, fresh mozzarella, roasted peppers and pesto mayo on flatbread | \$7.95 |
| TURKEY turkey, avocado, cheddar cheese and coleslaw on flatbread | \$7.50 |

Specials Tuesday 9-7-----OTHER STUFF

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| BBQ PULLED PORK AND MASHED POTATOTES BBQ pulled pork with a side of our garlic mashed or red bliss roasted potatoes | \$7.95 |
| BLACKENED SALMON Served over tossed salad with cilantro lime vinaigrette | \$8.25 |
| CHICKEN CUTLET PARMESAN chicken cutlet topped with melted mozzarella with penne basilico (fresh tomatoes & basil) | \$6.95 |
| HOT DOG 2 Grilled Hot Dogs with Macaroni Salad. Served with or without Sauerkraut | \$5.95 |
| STUFFED PORTABELLO MUSHROOMS Portabello mushrooms stuffed with goat cheese, and spinach stuffing | \$5.50 |

Specials Tuesday 9-7-----BULLS HEAD BURGERS

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| NOR-WALKER BURGER Grilled onions, bacon, cheddar cheese, lettuce & tomato on a sesame bun -order medium rare, medium, well done or "Levine" Burnt | \$6.25 |
| SPINACH NUT BURGER Our "Famous" blend of Spinach, Spices, Chic Peas, Walnuts and low fat cheeses on a Pita Bread with low-fat Pesto Mayonnaise, Sprouts & Tomato | \$6.25 |
| SQUID WISHES Pounded lemon & garlic marinated Pacific Squid "steak" char grilled served on a grilled flat bread with lemon-garlic-aoli, arugula, fresh basil and braised sweet onions | \$8.00 |
| VEGGIE BURGER On a whole wheat roll with Tahini Sauce, Provolone, Sprouts and Tomato | \$6.50 |

HEALTHY CHOICE MENU ITEMS



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| LOW FAT TURKEY WRAP lean sliced turkey breast with non fat ranch, lettuce, cucumbers, tomato & Lacy Swiss low fat cheese in a low carb wrap / Qualifies for the sponsored discount.... | \$6.95 |
| PANINI "LITE" grilled breast of chicken with non fat Russian, low fat Lacy Swiss, roasted pepers & lettuce on a whole grain low fat "roll" | \$6.50 |
| SPINACH NUT BURGER Our "Famous" blend of Spinach, Spices, Chic Peas, Walnuts and low fat cheeses on a Pita Bread with low-fat Pesto Mayonnaise, Sprouts & Tomato | \$6.25 |
| TURKEY BURGER ground lean turkey breast, grilled on a lite whole wheat bun with lettuce, tomato, non fat chili mayo & Low fat Lacy Swiss cheese | \$5.95 |
| WHITE BEAN HUMMUS in a pita with oven roasted tomatoes & sweet grilled onions | \$6.95 |

HEALTHY CHOICE MENU ITEMS-----MAKE YOUR OWN SALAD

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| ARUGULA | \$5.00 |
| BABY SPINACH | \$5.00 |
| MIXED GREENS | \$4.79 |
| ROMAINE | \$4.79 |

DELI MENU SANDWICHES-----FROM THE COOP

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| DOUBLE AGENT Turkey, Cucumbers, Lettuce, Tomato & Sprouts with Cream Cheese & Dill Dressing | \$6.95 |
| GENERIC GOOSE Eggcellent Salad with Mustard nested in Sprouts | \$5.50 |
| ILENE'S DREAM Hot Turkey, Cranberry, Stuffing & Mayo | \$6.50 |
| IT Hot Turkey, melted Swiss, Coleslaw & Russian Dressing | \$6.95 |



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| KIKI'S FAMOUS poached tarragon chicken salad with almonds, grapes & oranges in a wrap with lettuce | \$7.25 |
| MONTEREY MELT Grilled Chicken Breast topped with Sun Dried Tomatoes, Monterey Jack Cheese & Pesto Mayo | \$6.95 |
| NEW ENGLANDER Hot Turkey, melted American Cheese, Tomato & Cranberry | \$6.95 |
| PETER VAN PETAL Turkey & Hot Peppers discretely layered with Sprouts, Lettuce, Tomato & Onion nicely watered with Oil & Vinegar | \$6.95 |
| PITA PIPER PICKED A PEPPER Thinly sliced Pepper Turkey with Jalapeno Jack Cheese, Roasted Red Peppers & Sprouts cooled with Ranch Dressing paired with a Pepered Pickle | \$6.75 |
| SMOKIN' JACK Smoked Turkey, Monterey Jack Cheese, Lettuce, Tomato, Roasted Peppers & Pesto Mayo | \$6.95 |
| THE CLUB Fresh carved Turkey piled high with Lettuce, Tomato, Bacon & Mayonnaise | \$7.50 |
| THE COURIER curry chicken salad with apples and raisins in a wrap with mango chutney & lettuce | \$6.75 |
| THE DUKE Grilled Chicken Breast topped with Melted Smoked Cheddar Cheese, Bacon, Grilled Onions & our Famous Buffalo Sauce | \$6.50 |
| THE E.T. Out of this World Chicken Salad with melted Muenster, Lettuce, Onion & Mustard | \$6.50 |
| THE FRISCO Turkey, Avocado, Bacon & Sprouts with Ranch Dressing | \$7.25 |
| THE JAYKO Broiled Boneless Chicken Breast, Lettuce, Tomato & Honey Mustard | \$6.75 |
| WILD E COYOTE Cajun Chicken Breast topped with Lettuce, Tomato, Cheddar Cheese, Ranch Dressing & Blue Coyote Sauce | \$6.95 |

DELI MENU SANDWICHES-----FROM THE EARTH



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| AGENT Cucumbers, Tomato, Sprouts, Dill Dressing & Cream Cheese | \$5.00 |
| FARMERS MARKET Lettuce, Tomato, Sprouts, Roasted Peppers, Grilled Cold Eggplant & Balsamic Mayo rolled in Wrap | \$6.50 |
| JOHN LENNON Hummus with Sprouts, Tomato & Pieces of Lettuce in a Pita | \$5.50 |
| VEGGIE BURGER Vegetable Burger, Sprouts, Tomato, Provolone & Tahini Sauce on a Roll | \$6.50 |
| VEGGIE PITA Dill Havarti Cheese with Mayo, Honey Mustard, Tomato, Sprouts & Cucumber | \$5.50 |

DELI MENU SANDWICHES-----FROM THE OCEAN

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| JAWS Tuna & Tomato with a razor sharp bite of Cheddar Cheese | \$6.50 |
| LIEBERMAN'S BRIEF VACATION Smoked Salmon & Cream Cheese shipwrecked on a Bermuda Onion | \$7.95 |
| NAOMIS' tuna salad with apples, cranberries & lite mayonnaise with lettuce in a tortilla wrap | \$7.25 |

DELI MENU SANDWICHES-----FROM THE RANGE

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| BA BA BOOEY A Meatball Parmesan Sandwich on a Wedge, you can sink your teeth into | \$6.50 |
| BEST OF BOTH WORLDS CALLAHAN Smoked Ham, Hot Turkey, holstered with Melted Cheddar, Lettuce & Tomato, cuffed with Honey Mustard | \$7.25 |
| LITTLE ITALY Salami, Oregano, Provolone, Peperonccini, Lettuce & Tomato on a Wedge with Oil & Vinegar | \$8.00 |



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| LIVERACHI | \$6.50 |
| Liverwurst Dressed in Bacon with Shaved Onion & Hot Deli Mustard (hold the candles) | |
| NO.8 STEVE YOUNG | \$6.75 |
| Hot Roast Beef, Melted Gouda & Horseradish Sauce | |
| PAULIE THE JUICEMAN | \$7.25 |
| Black Forest Ham, Melted Mozzarella & Roasted Peppers with Honey Mustard | |
| THE FERRARI | \$8.95 |
| Proscuitto di Parma & Provolone topped with Marinated Eggplant, Roasted Red Peppers & Lettuce polished with pure Olive Oil & Balsamic Vinegar on baguette | |
| THE FRENCH TICKLER | \$8.25 |
| Fresh Steamed Ham with Melted Brie & Honey Mustard on a Baguette | |
| THE GOODFELLA | \$8.00 |
| Cappicola Ham, Salami, Pepperoni, Provolone, Roasted Peppers, Lettuce, Tomato, Onion, Olive Oil & Vinegar on a Wedge | |

GRILL LUNCH

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| "PHILLY" CHEESE STEAK | \$7.25 |
| Traditional 6 oz. of Shaved & Grilled Beef with Peppers, Onions & Provolone cheese | |
| CHICKEN "PHILLY" | \$7.25 |
| Same as Philly Cheese Steak only "Untraditional" | |
| GENERIC REUBEN | \$6.95 |
| Hot Corned Beef, Swiss Cheese, Sauerkraut & Russian Dressing | |
| RAVAGO BURGER | \$6.95 |
| Veggie burger on a sesame seed bun with chili mayo, jack cheese & avocado | |
| SALMON BURGER | \$8.99 |
| "Famous" on a portuguese roll with cucumbers, tomatoes, sprouts and teriyaki | |
| SEARED TUNA STEAK SANDWICH | \$7.95 |
| With Teriyaki Glaze, Pickled Carrots, Lettuce & Wasabi on a sesame seed bun | |



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| SPINACH NUT BURGER | \$6.50 |
| Also "Famous" a Blend of Spinach, Chic Peas, Walnuts, Cheeses & Spices served on Pita Bread with Sprouts, Tomatoes & Pesto Mayonnaise on a pita bread | |
| THE CUBAN REUBEN | \$6.95 |
| Steaming Hot Corned Beef Topped with Swiss Cheese, Sauerkraut & finished with a Caliente Russian Dressing on Rye Bread | |
| THE DUKE | \$6.95 |
| Grilled Chicken Breast topped with Melted Smoked Cheddar Cheese, Bacon, Grilled Onions & our Famous Buffalo Sauce | |
| THE JAGUAR | \$9.25 |
| sliced seared filet mignon, grilled with red onion confit & brie cheese on a baguette | |

MENU SALADS

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| ARUGULA | \$8.25 |
| Baby Arugula, Goat Cheese, Pears (or Apples - Seasonal), Red Onion, Sugared Walnuts & Red Wine Vinaigrette | |
| CAESAR | \$5.99 |
| Romaine, Croutons, Parmesan & Caesar Dressing | |
| CAJUN | \$8.50 |
| Mixed Field Greens, Spicy Cajun Grilled Chicken, Oranges, Avocado, Mixed Cheddar & Monterey Jack Cheeses & Cilantro-Lime Vinaigrette | |
| COBB | \$8.50 |
| Mixed Field Greens, Chicken, Tomatoes, Bacon, Crumbled Bleu Cheese & Ranch Dressing | |
| PANZENELLA | \$7.95 |
| Diced Ciabatta Bread, Arugula, Diced Tomatoes, Basil, Fresh Mozzarella & Balsamic Vinaigrette | |
| SMALL TOSSED SALAD | \$3.99 |
| SPINACH | \$7.50 |
| Baby Spinach, Sliced Egg, Mushrooms, Red Onion, Bacon, Croutons & a Warm Bacon Dressing | |
| TOSSED SALAD | \$5.99 |
| Regular Size: Simple Mixed Greens with Carrots, Cucumbers, Tomatoes, Olives & Red Wine Vinaigrette | |

FOOTBALL IS UPON US>>>>



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| 7 LAYER DIP Half Pan Serves up to 15 snacking people - Oven Ready- Refried Beans, sour cream, cheese,salsa, gucamole, more beans..more cheese- chips not included (kinda like the no-battery thing) | \$50.00 |
| BABY BACK RIBS slow cooked baby back pork rib - one full rack minimum order | \$22.00 |
| BAKED ZITI Classic baked ziti with ricotta, mozzarella & pomodoro sauce. "Half Pan" serves up to 10 people - | \$25.00 |
| BBQ BEEF RIBS Minium order for 4 people- includes slow cooked beef ribs- 2 per person, garlic mashed potatoes, coleslaw....very messy... | \$10.99 |
| BUTTERMILK FRIED CHICKEN Per one whole chicken cut in 8th's - Classic Fried chicken great cold or hot- choose classic or cajun spiced | \$15.99 |
| CHICKEN CUTLETS Fried chicken cutlets - plain, roasted garlic & lemon or parmesan (surcharges apply) | \$4.50 |
| CHICKEN WINGS per dozen - pick your style ..comes with celery and bleu cheese for Buffalo or Teriyaki Glaze for Teriyaki | \$15.00 |
| CHILI'S Per Quart - choose from Beef Chili, Vegetable & Black Bean Chili or Chorizo & White Bean....comes with a side of shredded cheeses & sour cream | \$20.00 |
| CLASSIC MEATBALLS 2 oz meatballs in pomodoro sauce ...minimum order 12... | \$1.50 |
| FAJITAS per half pan- serves up to 12 - choose vegie, beef, chicken, combo or shrimp (surcharge) comes with chopped lettuces, cheeses, salsa, guacamole, sour cream & tortillas... | \$75.00 |
| FOOT LONG SUBS 11.95 Per foot- Minimum 3 foot - Choose from classic Italian (Goodfella), American(Turkey, Ham, American, Lettuce, Tomato, Mayo & Mustard) or Grilled Filet with horseradish, onions, tomatoes & lettuce (surcharge-\$5 per foot) | \$11.95 |
| FRIED CAJUN CATFISH minimum order 2- comes with roasted galric & corn "salsa"- "dirty" jalapeno rice | \$12.99 |



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| JUMBO SHRIMP per pound- approx 18 per pound- you pick em- chilled, BBQ Grilled, Cajun Grilled - Herb and Garlic Grilled...sevrved with appropriate sauces | \$22.00 |
| LASAGNA Half Pan- serves up to 8 people- choose type | \$40.00 |
| PAELLA Half Pan- serves up to 12 people- saffron rice with chicken, chorizo, clams, mussels, plum tomatoes & fabulous spices...all ready to reheat | \$65.00 |
| SAUSAGE, PEPPERS & ONIONS Half Pan serves up to 10 - choose sauce or garlic and oil - spicy or sweet - includes 10 foot long wedges | \$55.00 |

FOOTBALL IS UPON US>>>>-----EXTRA BREADS

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| BAGUETTE ANCIENNE | \$4.00 |
| HARD ROLLS (KAISER) | \$0.00 |
| PUGLIESE (HARD CRUSTED BOULE) | \$4.00 |
| WEDGE ROLLS | \$1.25 |

FOOTBALL IS UPON US>>>>-----SIDES

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| CAPRESE SALAD | \$12.99 |
| CLASSIC POTATO SALAD | \$6.99 |
| COLESLAW | \$7.99 |
| GRILLED VEGETABLES a mixture of green & yellow squash, portabella mushrooms, peppers & leeks | \$15.99 |
| GUACAMOLE per 16 oz | \$12.99 |
| MAC SALAD | \$7.99 |
| PASTA PRIMAVERA SALAD | \$7.99 |

MAKE YOUR OWN SANDWICH-----MEATS



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|------------------------|--------|
| BAKED HAM | \$5.50 |
| BLACK FOREST HAM | \$5.50 |
| BOLOGNA | \$5.00 |
| CAPPICOLA | \$5.50 |
| CORNED BEEF | \$5.50 |
| FRIED EGG | \$2.00 |
| GENOA SALAMI | \$5.50 |
| GRILLED CHICKEN | \$5.50 |
| HARD SALAMI | \$5.50 |
| LIVERWURST | \$5.00 |
| PASTRAMI | \$5.50 |
| PEPPERCORN TURKEY | \$5.50 |
| PEPPERONI | \$5.50 |
| PROSCUITTO | \$6.50 |
| ROAST BEEF | \$5.75 |
| SALSALITO TURKEY | \$5.50 |
| SMOKED MESQUITE TURKEY | \$5.50 |
| TURKEY | \$5.50 |

MAKE YOUR OWN SANDWICH-----CHEESES

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| AMERICAN | \$4.00 |
| BRIE | \$5.00 |
| CHEDDAR | \$4.00 |
| DILL HAVARTI | \$4.00 |
| GOUDA | \$4.00 |
| MONTEREY JACK | \$4.00 |
| MOZZARELLA | \$4.00 |
| MUENSTER | \$4.00 |
| PEPPER JACK | \$4.00 |
| PROVOLONE | \$4.00 |
| SWISS | \$4.00 |

MAKE YOUR OWN SANDWICH-----SALADS

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| CHICKEN SALAD | \$5.50 |
| EGG SALAD | \$4.00 |
| NAOMIS TUNA SALAD tuna salad with apples, dried cranberries, celery & lite mayonnaise | \$5.50 |



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| SEAFOOD SALAD | \$5.75 |
| TUNA NO ONION | \$5.50 |
| TUNA SALAD | \$5.50 |

BULLS HEAD BURGERS ON MAIN

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| BBQ BLAST Grilled onions, smoked bacon, cheddar cheese, spicy BBQ sauce on a Portuguese roll with shredded lettuce & tomato | \$7.95 |
| NOR-WALKER BURGER Grilled onions, bacon, cheddar cheese, lettuce & tomato on a sesame bun -order medium rare, medium, well done or "Levine" Burnt | \$6.25 |
| SPINACH NUT BURGER Our "Famous" blend of Spinach, Spices, Chic Peas, Walnuts and low fat cheeses on a Pita Bread with low-fat Pesto Mayonnaise, Sprouts & Tomato | \$6.25 |
| SQUID WISHES Pounded lemon & garlic marinated Pacific Squid "steak" char grilled served on a grilled flat bread with lemon-garlic-aoli, arugula, fresh basil and braised sweet onions | \$8.00 |
| VEGGIE BURGER On a whole wheat roll with Tahini Sauce, Provolone, Sprouts and Tomato | \$6.50 |

COMPLETE DINNER SPECIALS

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| 3 CHEESE MANNICOT ricotta, parmesan & mozzarella with pomodoro sauce | \$6.99 |
| GRILLED FILET MIGNON choose soup or salad and two sides....6 oz of sliced filet with a side of horseradish a sauce | \$16.99 |
| GRILLED FLANK STEAK flank steak marinated in our favorite herbs with olive oil & grilled- sliced medium rare | \$6.99 |
| GRILLED SALMON simple herbs & lemon... | \$8.99 |
| GRILLED SHRIMP choose soup or salad and two sides | \$14.99 |



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| MEAT LOAF with mushroom gravy...choose a soup or salad with two sides | \$8.99 |
| MEAT LOAF beef meatloaf with either mushroom gravy or BBQ sauce | \$4.99 |
| POACHED SALMON with choice of side salad or soup and two sides | \$14.99 |
| SESAME SEARED YELLOW FIN TUNA 6 oz of seared rare sesame, teriyaki & wasabi tuna with a choice two sides and soup or salad | \$16.99 |
| THREE CRABCAKES Sauteed crabcakes (3) with a choice soup or salad and two sides | \$11.95 |

CORPORATE LUNCH

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| THE CEO - (10 person minimum) Includes a hot entree, a vegetable, starch, salad, and a platter of our famous dessert bars and cookies ***please call for choices as our selections change daily*** | \$16.95 |
| THE CHAIRMAN - (10 person minimum) Assorted sandwiches and wraps, two large salads of choice, and individual bags of chips | \$11.95 |
| THE PRESIDENT - (10 person minimum) Assorted Sandwiches and wraps, two large salads, individual bags of chips, and a dessert tray | \$12.95 |
| THE TEMP (box lunch)- (10 person minimum) Individually packaged lunch including sandwich, small salad, chips, a cookie, condiments, utensils, and a napkin. | \$12.95 |
| THE TREASURER - (10 person minimum) A Tray of Assorted Sandwiches with a Condiment Tray, Salad of your choice & Chips | \$8.95 |

CORPORATE BREAKFAST

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| "AIRPORT" - (serves up to 6) ** About half gallon | \$12.00 |
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| **COFFEE Includes milk, half & half, all sugars, cups & stirrers | \$12.00 |
| BASKET OF BAGELS - (10 person minimum) Assorted Fresh Bagels served with Cream Cheese, Vegetable Cream Cheese, Jelly & Butter | \$3.50 |
| COFFEE "URN" (serves up to 25) ** | \$40.00 |
| EXECUTIVE HOT BREAKFAST - (10 person minimum) Scrambled Eggs, Bacon, Sausage, Home Fries, Bagels, Fresh Fruit, Coffee** & Orange Juice | \$14.95 |
| FRUIT SALAD (serves approx 4) One Pound -Per Pound Pricing-Please enter the number of pounds you wish order | \$6.99 |
| MORNING INCENTIVE - (6 person minimum) Platter of Fresh Bagels, Cinnamon Rolls & Croissants Jelly, Butter & Cream Cheese, Coffee** & Orange Juice | \$8.95 |
| SLICED FRUIT TRAY - Medium (serves up to 30) Seasonal Sliced Fruits | \$65.00 |
| SLICED FRUIT TRAY - Small (serves up to 15) Seasonal Sliced Fruits | \$35.00 |
| SLICED SCOTTISH SMOKED SALMON | \$21.95 |

SNACKS AND BEVERAGES-----ASSORTED BEVERAGES

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| mixed bag a mixture of teas, sodas & waters for meals | \$2.00 |
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BEVERAGES-----COFFEES & TEA

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| COFFEE - Large | \$1.50 |
| COFFEE - Small | \$1.25 |
| STARBUCKS - Coffee | \$2.99 |
| STARBUCKS - Double Shot | \$2.99 |
| STARBUCKS - Mocha | \$2.99 |
| STARBUCKS - Vanilla | \$2.99 |

BEVERAGES-----COLD TEAS



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| HONEST TEAS - Peach Oo-La-Long | \$2.50 |
| INKOS TEA - Blueberry | \$2.50 |
| INKOS TEA - Cherry Vanilla | \$2.50 |
| INKOS TEA - Green | \$2.50 |
| INKOS TEA - Hint-O-Mint | \$2.50 |
| INKOS TEA - Honeydew | \$2.50 |
| INKOS TEA - Honeysuckle | \$2.50 |
| INKOS TEA - Original Green | \$2.50 |
| INKOS TEA - Peach | \$2.50 |
| INKOS TEA - White | \$2.50 |
| LIPTON ICED TEA - Diet Original | \$1.89 |
| LIPTON ICED TEA - Green w/Honey | \$1.89 |
| LIPTON ICED TEA - Original | \$1.89 |
| SNAPPLE - Diet Iced Tea | \$2.00 |
| SNAPPLE - Diet Iced Tea w/Lemon | \$2.00 |
| SNAPPLE - Iced Tea | \$2.00 |
| SNAPPLE - Iced Tea w/Lemon | \$2.00 |

BEVERAGES-----DRINKS

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| REIMS - blood orange - Small | \$2.29 |
| REIMS - lemonade - Small | \$2.29 |
| REIMS - pomogranite - Small | \$2.29 |
| REIMS-orange - Small | \$2.29 |
| SNAPPLE - Apple | \$2.00 |
| SNAPPLE - Diet Peach | \$2.00 |
| SNAPPLE - Grape | \$2.00 |
| SNAPPLE - Lemonade | \$2.00 |
| SNAPPLE - Mango Madness | \$2.00 |
| SNAPPLE - Peach | \$2.00 |
| SNAPPLE - Pink Lemonade | \$2.00 |
| SNAPPLE - Raspberry | \$2.00 |

BEVERAGES-----JUICES

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| MINUTE MAID - Apple | \$1.89 |
| MINUTE MAID - Cranberry Apple | \$1.89 |
| MINUTE MAID - Orange | \$1.89 |
| OSDWALLA - Blueberry B Monster | \$2.99 |
| OSDWALLA - Carrot | \$2.99 |



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| OSDWALLA - Citrus Monster | \$2.99 |
| OSDWALLA - Mango Tango | \$2.99 |
| OSDWALLA - Orange Juice | \$2.99 |
| OSDWALLA - Strawberry C Monster | \$2.99 |
| OSDWALLA - Super Protein | \$2.99 |
| OSDWALLA - Super Protein Vanilla | \$2.99 |
| TROPICANA JUICES - Pint | \$1.75 |

BEVERAGES-----SODAS

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|--------------------------------|--------|
| CANADA DRY GINGER ALE - 20 oz. | \$1.75 |
| CHERRY COKE - 20 oz. | \$1.75 |
| COKE - 20 oz. | \$1.75 |
| COKE -12 oz. | \$1.00 |
| DIET COKE - 12 oz. | \$1.00 |
| DIET COKE - 20 oz. | \$1.75 |
| DIET DR. PEPPER - 12 oz. | \$1.00 |
| DIET DR. PEPPER - 20 oz. | \$1.75 |
| DIET PEPSI - 12 oz. | \$1.00 |
| DIET PEPSI - 20 oz. | \$1.75 |
| DIET SPRITE - 20 oz. | \$1.75 |
| DR. PEPPER - 20 oz. | \$1.75 |
| FANTA ORANGE - 20 oz. | \$1.75 |
| MAINES- GINGER BEER | \$1.75 |
| MAINES- ORANGE CREAM | \$1.75 |
| MAINES- ROOT BEER | \$1.75 |
| PEPSI - 12 oz. | \$1.00 |
| PEPSI - 20 oz. | \$1.75 |
| SPRITE - 20 oz. | \$1.75 |
| SPRITE- 12 oz. | \$1.00 |

BEVERAGES-----WATERS

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|------------------------|--------|
| PELLEGRINO - 250 ml | \$1.25 |
| POLAND SPRING - 500 ml | \$1.00 |
| POLAND SPRING SPORT | \$1.50 |
| ULTRA - Lemon Lime | \$2.00 |
| ULTRA - Mango | \$2.00 |
| ULTRA - Peach | \$2.00 |
| ULTRA - Pure | \$2.00 |



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| ULTRA - Strawberry | \$2.00 |
| ULTRA - Wildberry | \$2.00 |

SNACKS AND BEVERAGES-----BREAKFAST

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| BREAKFAST BURRITTO Egg, Salsa, Sausage & Cheese in a Tortilla | \$4.75 |
| EGG & CHEESE ON ROLL | \$2.50 |
| EGG ON BAGEL | \$2.25 |
| EGG ON ROLL | \$2.00 |
| EGG, BACON & CHEESE ON ROLL | \$3.00 |
| EGG, SAUSAGE & CHEESE ON ROLL | \$3.25 |
| EXTRA BACON | \$0.00 |
| EXTRA CHEESE | \$0.00 |
| EXTRA EGG | \$0.00 |
| TWO EGGS No Bread | \$1.75 |
| TWO EGGS & TOAST Choice of White, Wheat or Rye | \$2.25 |

SNACKS AND BEVERAGES-----SNACKS

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|---------------------------------------------|--------|
| BROWNIE BARS - Apple Crunch | \$2.00 |
| BROWNIE BARS - Blondie | \$2.00 |
| BROWNIE BARS - Coconut Chocolate Shortbread | \$2.00 |
| BROWNIE BARS - Raspberry Crunch | \$2.00 |
| BROWNIE BARS - Truffle | \$2.00 |
| CHIPS - CAPE COD-BBQ-Chips | \$0.00 |
| CHIPS - CAPE COD-Reduced Fat Chips | \$0.00 |
| CHIPS - CAPE COD-Regular | \$0.00 |
| CHIPS - CAPE COD-Regular - Large | \$3.19 |
| CHIPS - CAPE COD-Russet Chips | \$0.00 |
| CHIPS - CAPE COD-Salt & Vinegar | \$0.00 |
| CHIPS - North Fork - Small | \$1.49 |
| CHIPS - ROUTE 11-Garlic Herb Chips | \$1.29 |
| CHIPS - ROUTE 11-Salt n Vinegar | \$1.29 |
| CHIPS - ROUTE 11-Sweet Potato | \$1.29 |



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| CHIPS - ROUTE 11-Zumas | \$1.29 |
| CHIPS - Route 22 - Small | \$1.49 |
| CHIPS - SMART FOOD-Pirate Booty - Small | \$1.49 |
| CHIPS - Terra - Small | \$1.49 |
| CHIPS - Wise BBQ - Small | \$0.00 |
| CHIPS- baked lays | \$0.00 |
| COOKIES - Chocolate Chip | \$0.00 |
| COOKIES - Chocolate-Chocolate Chip | \$0.00 |
| COOKIES - Macadamia Nut / White Chocolate | \$0.00 |
| COOKIES - Oatmeal | \$0.00 |
| YOGURT MUFFINS - Blueberry | \$2.00 |

BOAT AND BEACH PICK UPS/ DELIVERIES-----GRILLE MAIN COURSE

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| BABYBACK PORK RIBS a full rack of bbq pork ribs, pre cooked and ready to throw on the grill | \$17.99 |
| BBQ CHICKEN BBQ marinated half chicken... | \$5.95 |
| BEEF BROCHETTE rosemary marinated top round of beef with peppers, onions, mushrooms & tomato on a wooden skewer...order by the piece | \$5.95 |
| FILET MIGNON roasted garlic and olive oil basted 8oz filet mignon for the grill | \$11.99 |
| GARLIC, LEMON AND THYME CHICKEN half chicken marinated in lemon, thyme and garlic...ready for the grill | \$5.95 |
| JUMBO SHRIMP GRILL jumbo shrimp in zest of lemon and fresh thyme order what you need...minumum order four. | \$2.25 |
| MAPLE SALMON a fabulous blend of maple and rice vinegar that makes the best of salmon | \$8.99 |
| RIB EYE Classic rib eye steak, 10oz marinated in roasted garlic, rosemary and olive oil | \$9.99 |
| ROSEMARY SWORDFISH 7 to 8 oz loin swordfish steak with roasted garlic & plum tomato | \$9.95 |



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| SEAFOOD BROCHETTE marinated swordfish, shrimp, squash & tomato on a wooden skewer ready for grilling 10 oz each | \$7.99 |
| SESAME YELLOW FIN TUN top notch yellow fin tuna rubbed with sesame oil and a touch of wasbai...not spicy...just nice....7 oz steak | \$7.99 |
| TERIYAKI AHI TUNA gingered house made teriyaki marinated Ahi (yellow fin) tuna steak - 7oz each | \$8.99 |

BOAT AND BEACH PICK UPS/ DELIVERIES-----SALADS & SIDE SALADS

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| ARUGULA Baby Arugula, Goat Cheese, Pears (or Apples - Seasonal), Red Onion, Sugared Walnuts & Red Wine Vinaigrette | \$8.25 |
| BLACK BEAN SALAD CAESAR Romaine, Croutons, Parmesan & Caesar Dressing | \$8.99 \$5.99 |
| CAJUN Mixed Field Greens, Spicy Cajun Grilled Chicken, Oranges, Avocado, Mixed Cheddar & Monterey Jack Cheeses & Cilantro-Lime Vinaigrette | \$8.50 |
| COBB Mixed Field Greens, Chicken, Tomatoes, Bacon, Crumbled Bleu Cheese & Ranch Dressing | \$8.50 |
| CURRIED MEDITERRANEAN COUS COUS Curried Cous Cous with Scallions & Dried Cranberries | \$3.99 |
| CURRY CHICKEN SALAD | \$6.50 |
| FRESH BEET SALAD | \$3.99 |
| JICAMA SLAW | \$4.00 |
| PASTA PRIMAVERA SALAD | \$2.99 |
| RED BLISS POTATO SALAD | \$3.50 |
| ROASTED VEGETABLE COUSCOUS | \$7.99 |
| TOSSED SALAD FOR 2 choose your dressing or any of the additional sides | \$7.99 |



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| TOSSED SALAD FOR 6-10 choose your dressing or any of the additional sides | \$25.00 |
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BOAT AND BEACH PICK UPS/ DELIVERIES-----VEGETABLES

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| EGGPLANT GRILLE fresh sliced eggplant salted and marinated in olive oil and basil...ready to grill | \$6.99 |
| GRILL BAKERS a pre baked-baked potato wrapped and ready to throw on the grill | \$2.00 |
| GRILLED SQUASH yellow & green squash brushed with olive oil and lemon sliced for the grill about 4 oz per person- price is per half pound | \$4.00 |
| RED BLISS PACKS a foil pack of red bliss potatoes, blanched and rubbed with spices and olive oil in a foil pak to throw on the grill.... 1 pound | \$5.99 |
| SWEET CORN sweet corn steamed, chilled, buttered and wrapped for you to toss on the grill in a "cool" corner | \$2.00 |

BOAT AND BEACH PICK UPS/ DELIVERIES-----SNACKS ET AL

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| BOURSIN LITE CHEESE SPREAD | \$4.99 |
| FRUITS & CHEESE BOARD a tray of cheeses (aged gouda, jarlsberg, vermont cheddar, brie & stilton bleu) with sliced apple, grapes & berries with sliced baguettes...minimum order for four people | \$6.95 |

BOAT AND BEACH PICK UPS/ DELIVERIES-----CRACKERS

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| "34" cracker thins - creme fraiche | \$3.99 |
| "34" cracker thins - herbs | \$3.99 |
| "34" Cracker thins Rosemary | \$3.99 |
| "34" Crackers - sesame | \$3.99 |

BOAT AND BEACH PICK UPS/ DELIVERIES-----GRILLE MARINADES & SAUCES



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| STONEWALL KITCHENS CHIMICHURI SAUCE | \$6.99 |
| STONEWALL KITCHENS CITRUS TERIYAKI SAUCE | \$6.99 |
| STONEWALL KITCHENS GARLIC PEANUT SAUCE | \$6.99 |
| STONEWALL KITCHENS GARLIC TERIYAKI SAUCE | \$6.99 |
| STONEWALL KITCHENS GINGER GARLIC SAUCE | \$6.99 |
| STONEWALL KITCHENS HONEY BARBEQUE SAUCE | \$6.99 |
| STONEWALL KITCHENS MAPLE CHIPOTLE GRILLE SAUCE | \$6.99 |
| STONEWALL KITCHENS MUSHROOM SAGE STEAK SAUCE | \$6.99 |
| STONEWALL KITCHENS ROADHOUSE STEAK SAUCE | \$6.99 |
| STONEWALL KITCHENS VIDALIA ONION FIG SAUCE | \$6.99 |
| STONEWALL KITCHENS WASABI HORSERADISH SAUCE | \$7.99 |

FULL GROUP MENU SUGGESTIONS

MENU 1 \$16.95

Tossed Salad
Roasted Vegetable Cous Cous Salad
Maple Seared Salmon
Roasted Potatoes
Garlic Green Beans
24 hours notice

MENU 2 \$14.95

Caesar Salad
Lasagna
Baguettes
Breads
Assorted Wraps (sandwiches) cut in 3
Dessert Tray
24 hours notice

MENU 3 \$11.95

Arugula Salad
Balsamic Marinated Breast of Chicken
Bruschetta
Traditional Rice Pilaf
Seared Green Beans Almandine
24 hours notice



MENU 4 \$12.95

- Spinach Salad
- Grilled Herb Marinated Breast of Chicken (corn salsa)
- Traditional Rice Pilaf or Roasted Potatoes
- Grilled Vegetables
- Breads
- 24 hours notice

MENU 5 \$12.95

- Tossed Salad
- Meat Loaf Mushroom
- Gravy on Side
- Roasted Butternut Squash
- Garlic Mashed Potatoes
- 24 hours notice

MENU 6 \$18.95

- Tossed Salad
- Fresh Fruit Salad
- Rosemary Seared Filet of Beef Roasted
- Red Bliss Potatoes
- Grilled Vegetables
- Breads
- 24 hours notice

MENU 7 \$12.95

- Tossed Salad
- Roasted Porkloin with Apples & Onions
- Rosemary Mashed Potatoes
- Green Beans / Garlic & Oil
- Balsamic Cous Cous
- 24 hours notice

MENU 8 \$14.95

- Tossed Salad
- Herbed Rotisserie Chicken
- Meat Loaf
- Rosemary Mashed Potatoes
- Green Beans Almondine
- Breads
- Dessert Tray
- 24 hours notice



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| 3 CHEESE MANNICOT ricotta, parmesan & mozzarella with pomodoro sauce | \$6.99 |
| BBQ HALF CHICKEN spiced roasted BBQ chicken half- leg, thigh, breast & wing | \$5.99 |
| CRAB CAKES a great blend of spices, lemon & Maryland crab - with a tartar sauce or lemon wasabi sauce | \$7.99 |
| GRILLED FLANK STEAK flank steak marinated in our favorite herbs with olive oil & grilled- sliced medium rare | \$6.99 |
| GRILLED SALMON simple herbs & lemon... | \$8.99 |
| GRILLED SHRIMP | \$10.99 |
| GRILLED SWORDFISH with capers, parsley, rosemary & lemon | \$7.99 |
| LARGE SEARED SEA SCALLOPS giant dry seas...only the best most beautiful fresh seared scallops | \$12.50 |
| MEAT LOAF beef meatloaf with either mushroom gravy or BBQ sauce | \$4.99 |
| SEARED FILET MIGNON hot seared medium rare with rosemary, thyme, garlic, olive oil & spices about 3-4 slices per half pound | \$12.99 |
| SESAME SEARED TUNA wasbai, salt & sesame seeds crusted rare ahi tun - with pickled ginger, teriyaki & wasabi sauce | \$10.99 |
| TERIYAKI SALMON citrus teriyaki seared salmon | \$8.99 |

ADDITIONAL CASE SELECTIONS-----SIDES & SALADS



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| BAKED CAJUN "FRIES" spiced baked reds | \$2.99 |
| BAKED POTATO | \$2.50 |
| BLACK BEAN SALAD | \$8.99 |
| BROCCOLI WITH GARLIC | \$5.50 |
| COLESLAW | \$3.00 |
| CUCUMBER SALAD | \$3.99 |
| CURRIED MEDITERRANEAN COUS COUS Curried Cous Cous with Scallions & Dried Cranberries | \$3.99 |
| CURRY CHICKEN SALAD | \$6.50 |
| FRESH BEET SALAD | \$3.99 |
| GRILLED ASPARAGUS | \$4.99 |
| GRILLED VEGETABLES | \$4.99 |
| JICAMA SLAW | \$4.00 |
| MASHED SWEET POTATOES | \$2.99 |
| NAOMI'S TUNA SALAD With Craisins & Apples | \$4.50 |
| PASTA PRIMAVERA SALAD | \$2.99 |
| RATATOUILLE | \$3.99 |
| RED BLISS POTATO SALAD | \$3.50 |
| RICE PILAF | \$2.99 |
| ROASTED BUTTERNUT SQUASH | \$3.99 |
| ROASTED RED BLISS POTATOES | \$3.50 |
| ROASTED VEGETABLE COUSCOUS | \$7.99 |
| SEARED HARECOT VERT BEANS | \$6.99 |
| TOMATO BRUSCHETTA | \$4.99 |
| WILD RICE SALAD | \$4.99 |