

**DAILY SPECIALS SEPTEMBER 2010-----CALZONES**

CHEESE CALZONE Ricotta Cheese and Mozzarella Cheese	\$4.95
CHICKEN PARMESAN CALZONE Chicken Cutlet and Cheese	\$5.95
MEAT CALZONE Sausage, Pepperoni, Meatballs and Cheese	\$5.95
ROASTED VEGETABLE CALZONE Roasted Vegetables and Cheese	\$5.95
SPINACH CALZONE Spinach, Mushroom, Fresh Garlic and Cheese	\$5.95

**DAILY SPECIALS SEPTEMBER 2010-----HOT ENTREES**

CHICKEN FRANCESE Chicken with Lemon in White Wine Sauce. Served Over a Bed of Fettuccine or Penne Pasta & Includes Small Tossed Salad	\$7.25
CHICKEN MARSALA Chicken and Mushrooms in a Marsala Wine Sauce. Served Over a Bed of Fettuccine or Penne Pasta & Includes Small Tossed Salad	\$7.25
CHICKEN PARMESAN Breaded Chicken Cutlet with Mozzarella and Marinara Sauce. Served Over a Bed of Fettuccine or Penne Pasta & Includes Small Tossed Salad	\$7.25
EGGPLANT PARMESAN Breaded Eggplant with Mozzarella and Marinara Sauce. Served Over a Bed of Fettuccine or Penne Pasta & Includes Small Tossed Salad	\$7.25

**DAILY SPECIALS SEPTEMBER 2010-----PASTA**

FETTUCCINE Marinara Sauce or Garlic and Oil and Served With Homemade Focaccia Bread. You can add Any Three Toppings for \$2.00	\$4.95
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PENNE PASTA \$4.95  
Marinara Sauce or Garlic and Oil and Served With Homemade Focaccia Bread. You can add Any Three Toppings for \$2.00

**DAILY SPECIALS SEPTEMBER 2010-----PIZZA'S**

ARUGULA PIZZA \$4.95  
Baby Arugula, Parmigiano Reggiano, Prosciutto (served cold)

CHEESE PIZZA AND SALAD COMBO \$5.95  
Plain Pizza with Small Salad

MARGHERITA PIZZA \$4.95  
Marinara Sauce, Fresh Mozzarella, Sliced Tomato, Basil

PESTO PIZZA \$4.95  
Basil Pesto, Sun Dried Tomatoes, Fresh Mozzarella, Toasted Pine Nuts

PLAIN CHEESE PIZZA \$3.95  
Marinara Sauce, Mozzarella Cheese

**DAILY SPECIALS SEPTEMBER 2010-----SIGNATURE WRAPS**

BLTA WRAP \$6.50  
Bacon, Lettuce, Tomato, Avocado with Herb Mayonnaise. Choice of Tomato, Spinach, Whole Wheat, or Plain Wrap

CHICKEN MILANESE WRAP \$6.50  
Breaded Chicken Cutlet, Mixed Greens, Tomato and Balsamic Vinaigrette. Choice of Tomato, Spinach, Whole Wheat, or Plain Wrap

PORTOBELLO WRAP \$6.50  
Portobello Mushroom, Fresh Mozzarella, Plum Tomato with Pesto. Choice of Tomato, Spinach, Whole Wheat, or Plain Wrap

ROAST BEEF WRAP \$6.50  
Roast Beef, Melted Cheddar Cheese, Caramelized Onions and Horseradish Mayonnaise. Choice of Tomato, Spinach, Whole Wheat, or Plain Wrap

TURKEY WRAP \$6.50  
Roasted Turkey, Brie, Baby Arugula and Honey Mustard. Choice of Tomato, Spinach, Whole Wheat, or Plain Wrap

**DAILY SPECIALS SEPTEMBER 2010-----SMOOTHIE'S**



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CARIBBEAN COLADA	\$3.95
COFFEE FRAPPE With Whipped Cream and Choice of Chocolate or Caramel Syrup	\$4.25
EXTREME PEACH	\$3.95
MANGO MANIA	\$3.95
STRAWBERRY BANANA	\$3.95
WILDBERRY BLAST	\$3.95

**DAILY SPECIALS SEPTEMBER 2010-----STROMBOLI'S**

ITALIAN STROMBOLI Ham, Salami, Pepperoni, Prosciutto, Mozzarella Cheese and Hot Cherry Peppers	\$5.95
SAUSAGE STROMBOLI Sweet Italian Sausage, Broccoli Rabe and Mozzarella Cheese	\$5.95

**DAILY SPECIALS SEPTEMBER 2010-----PANINI'S**

NO.1 - ROAST BEEF Cheddar cheese, coleslaw, tomato & horseradish mayo	\$7.75
NO.2- CAJUN CHICKEN BREAST spicy chicken, tomato, honey mustard & cheddar cheese	\$7.75
NO.3 - SMOKED TURKEY Avocado, pepper jack cheese, tomato & chili mayonnaise	\$7.75
NO.4 - GRILLED EGGPLANT Roasted peppers, provolone, onions & creamy basil balsamic dressing	\$7.75

**DELI MENU SANDWICHES-----FROM THE RANGE**

BEST OF BOTH WORLDS Roast Beef, Cucumbers, Tomato & Sprouts with Dill Dressing	\$7.25
CALLAHAN Smoked Ham, Hot Turkey, holstered with Melted Cheddar, Lettuce & Tomato, cuffed with Honey Mustard	\$7.25



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GENERIC REUBEN Hot Corned Beef, Swiss Cheese, Sauerkraut & Russian Dressing	\$6.95
LITTLE ITALY Salami, Oregano, Provolone, Peperonccini, Lettuce & Tomato on a Wedge with Oil & Vinegar	\$8.00
LIVERACHI Liverwurst Dressed in Bacon with Shaved Onion & Hot Deli Mustard (hold the candles)	\$6.50
NO.8 STEVE YOUNG Hot Roast Beef, Melted Gouda & Horseradish Sauce	\$6.75
PAULIE THE JUICEMAN Black Forest Ham, Melted Mozzarella & Roasted Peppers with Honey Mustard	\$7.25
THE CUBAN REUBEN Steaming Hot Corned Beef Topped with Swiss Cheese, Sauerkraut & finished with a Caliente Russian Dressing on Rye Bread	\$6.95
THE FERRARI Proscuitto & Provolone topped with Marinated Eggplant, Roasted Red Peppers & Lettuce polished with pure Olive Oil & Balsamic Vinegar on a Wedge	\$8.95
THE FRENCH TICKLER Fresh Steamed Ham with Melted Brie & Honey Mustard on a Baguette	\$8.25
THE GOODFELLA Cappicola Ham, Salami, Pepperoni, Provolone, Roasted Peppers, Lettuce, Tomato, Onion, Olive Oil & Vinegar on a Wedge	\$8.00

#### DELI MENU SANDWICHES-----FROM THE OCEAN

JAWS Tuna & Tomato with a razor sharp bite of Cheddar Cheese	\$6.50
LIEBERMAN'S BRIEF VACATION Smoked Salmon & Cream Cheese shipwrecked on a Bermuda Onion	\$7.95
NAOMIS' tuna salad with apples, cranberries & lite mayonnaise with lettuce in a tortilla wrap	\$7.25



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O.T.M. - "Oscar The Melt" Seafood Salad, Tomato & Melted Swiss Cheese	\$6.50
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**DELI MENU SANDWICHES-----FROM THE COOP**

DOUBLE AGENT Turkey, Cucumbers, Lettuce, Tomato & Sprouts with Cream Cheese & Dill Dressing	\$6.95
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GENERIC GOOSE Eggcellent Salad with Mustard nested in Sprouts	\$5.50
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ILENE'S DREAM Hot Turkey, Cranberry, Stuffing & Mayo	\$6.50
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IT Hot Turkey, melted Swiss, Coleslaw & Russian Dressing	\$6.95
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MONTEREY MELT Grilled Chicken Breast topped with Sun Dried Tomatoes, Monterey Jack Cheese & Pesto Mayo	\$6.95
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NEW ENGLANDER Hot Turkey, melted American Cheese, Tomato & Cranberry	\$6.95
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PETER VAN PETAL Turkey & Hot Peppers discretely layered with Sprouts, Lettuce, Tomato & Onion nicely watered with Oil & Vinegar	\$6.95
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PITA PIPER PICKED A PEPPER Thinly sliced Pepper Turkey with Jalapeno Jack Cheese, Roasted Red Peppers & Sprouts cooled with Ranch Dressing paired with a Peppered Pickle	\$6.75
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SMOKIN' JACK Smoked Turkey, Monterey Jack Cheese, Lettuce, Tomato, Roasted Peppers & Pesto Mayo	\$6.95
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THE CLUB Fresh carved Turkey piled high with Lettuce, Tomato, Bacon & Mayonnaise	\$7.50
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THE DUKE Grilled Chicken Breast topped with Melted Smoked Cheddar Cheese, Bacon, Grilled Onions & our Famous Buffalo Sauce	\$6.95
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THE E.T. Out of this World Chicken Salad with melted Muenster, Lettuce, Onion & Mustard	\$6.50
THE FRISCO Turkey, Avocado, Bacon & Sprouts with Ranch Dressing	\$7.25
THE JAYKO Broiled Boneless Chicken Breast, Lettuce, Tomato & Honey Mustard	\$6.75
WILD E. COYOTE Cajun Chicken Breast topped with Lettuce, Tomato, Cheddar Cheese, Ranch Dressing & Blue Coyote Sauce	\$6.95

#### DELI MENU SANDWICHES-----FROM THE EARTH

AGENT Cucumbers, Tomato, Sprouts, Dill Dressing & Cream Cheese	\$5.00
FARMERS MARKET Lettuce, Tomato, Sprouts, Roasted Peppers, Grilled Cold Eggplant & Balsamic Mayo rolled in Wrap	\$6.95
JOHN LENNON Hummus with Sprouts, Tomato & Pieces of Lettuce in a Pita	\$5.50
VEGGIE BURGER Vegetable Burger, Sprouts, Tomato, Provolone & Tahini Sauce on a Roll	\$6.50
VEGGIE PITA Dill Havarti Cheese with Mayo, Honey Mustard, Tomato, Sprouts & Cucumber	\$5.50

#### GRILL LUNCH

"PHILLY" CHEESE STEAK Traditional 6 oz. of Shaved & Grilled Beef with Peppers, Onions & American Cheese	\$7.25
CHICKEN "PHILLY" Same as Philly Cheese Steak only "Untraditional"	\$7.25
HIGH RIDGE PARKER BURGER Grilled onions, bacon, cheddar cheese, lettuce & tomato	\$6.00



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SALMON BURGER "Famous" on a Portuguese Roll with Cucumbers, Tomatoes & Sprouts	\$8.99
SEARED TUNA STEAK SANDWICH With Teriyaki Glaze, Pickled Carrots, Lettuce & Wasabi	\$7.95
SPINACH NUT BURGER Also "Famous" a Blend of Spinach, Chic Peas, Walnuts, Cheeses & Spices served on Pita Bread with Sprouts, Tomatoes & Pesto Mayonnaise	\$6.50
THE "DUKE" Grilled Breast of Chicken with Buffalo Sauce, Grilled Onions, Bacon & Cheddar Cheese	\$6.95
VEGGIE BURGER On a Pita with Tahini Sauce, Provolone, Sprouts & Tomato	\$6.50

## SALADS

ARUGULA Baby Arugula, Goat Cheese, Pears (or Apples - Seasonal), Red Onion, Sugared Walnuts & Red Wine Vinaigrette	\$8.25
CAESAR Romaine, Croutons, Parmesan & Caesar Dressing	\$5.99
CAJUN Mixed Field Greens, Spicy Cajun Grilled Chicken, Oranges, Avocado, Mixed Cheddar & Monterey Jack Cheeses & Cilantro-Lime Vinaigrette	\$8.50
COBB Mixed Field Greens, Chicken, Tomatoes, Bacon, Crumbled Bleu Cheese & Ranch Dressing	\$8.50
PANZENELLA Diced Ciabatta Bread, Arugula, Diced Tomatoes, Basil, Fresh Mozzarella & Balsamic Vinaigrette	\$7.95
SMALL TOSSED SALAD Small Size: Simple Mixed Greens with Carrots, Cucumbers, Tomatoes, Olives & Red Wine Vinaigrette	\$3.99
SPINACH Baby Spinach, Sliced Egg, Mushrooms, Red Onion, Bacon, Croutons & a Warm Bacon Dressing	\$7.50



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TOSSED SALAD	\$5.99
Regular Size: Simple Mixed Greens with Carrots, Cucumbers, Tomatoes, Olives & Red Wine Vinaigrette	

**CREATE YOUR OWN SANDWICH-----MEATS**

BAKED HAM	\$5.50
BLACK FOREST HAM	\$5.50
BOILED HAM	\$5.50
BOLOGNA	\$5.00
CAPPICOLA	\$5.50
CORNED BEEF	\$5.50
GENOA SALAMI	\$5.50
HARD SALAMI	\$5.50
LIVERWURST	\$5.00
PASTRAMI	\$5.50
PEPPERCORN TURKEY	\$5.50
PEPPERONI	\$5.50
PROSCUITTO	\$6.50
ROAST BEEF	\$5.75
SALSALITO TURKEY	\$5.50
SMOKED MESQUITE TURKEY	\$5.50
TURKEY	\$5.50

**CREATE YOUR OWN SANDWICH-----CHEESES**

AMERICAN	\$4.00
BRIE	\$5.00
CHEDDAR	\$4.00
DILL HAVARTI	\$4.00
GOUDA	\$4.00
MONTEREY JACK	\$4.00
MOZZARELLA	\$4.00
MUENSTER	\$4.00
PEPPER JACK	\$4.00
PROVOLONE	\$4.00
SWISS	\$4.00

**CREATE YOUR OWN SANDWICH-----SALADS**



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CHICKEN SALAD	\$5.50
EGG SALAD	\$4.00
SEAFOOD SALAD	\$5.75
TUNA SALAD	\$5.50

**CREATE YOUR OWN SALAD**

ARUGULA	\$5.00
BABY SPINACH	\$5.00
MIXED GREENS	\$4.79
ROMAINE	\$4.79

**SNACKS & BEVERAGES-----BREAKFAST**

BREAKFAST BURRITTO Egg, Salsa, Sausage & Cheese in a Tortilla	\$4.75
EGG & CHEESE ON ROLL	\$2.50
EGG ON BAGEL	\$2.25
EGG ON ROLL	\$2.00
EGG, BACON & CHEESE ON ROLL	\$3.00
EGG, SAUSAGE & CHEESE ON ROLL	\$3.25
EXTRA BACON	\$0.00
EXTRA CHEESE	\$0.00
EXTRA EGG	\$0.00
TWO EGGS No Bread	\$1.75
TWO EGGS & TOAST Choice of White, Wheat or Rye	\$2.25

**SNACKS & BEVERAGES-----SNACKS**

BROWNIE BARS - Blondie	\$2.00
BROWNIE BARS - Raspberry Crunch	\$2.00
BROWNIE BARS - Truffle	\$2.00
CHIPS - CAPE COD-BBQ-Chips	\$0.00
CHIPS - CAPE COD-Reduced Fat Chips	\$0.00



CHIPS - CAPE COD-Regular	\$0.00
CHIPS - CAPE COD-Salt & Vinegar	\$0.00
CHIPS - Doritos	\$0.00
CHIPS - ROUTE 11-Garlic Herb Chips	\$1.29
CHIPS - ROUTE 11-Salt n Vinegar	\$1.29
CHIPS - ROUTE 11-Sweet Potato	\$1.29
CHIPS - ROUTE 11-Zumas	\$1.29
CHIPS - Route 22 - Small	\$1.49
CHIPS - Terra - Small	\$1.49
CHIPS - Wise - Medium	\$1.99
CHIPS - Wise - Small	\$0.00
CHIPS - Wise BBQ - Medium	\$1.99
CHIPS - Wise BBQ - Small	\$0.00
CHIPS - Wise Deli	\$0.00
COOKIES - Chocolate Chip	\$0.00
COOKIES - Chocolate-Chocolate Chip	\$0.00
COOKIES - Macadamia Nut / White Chocolate	\$0.00
COOKIES - Oatmeal	\$0.00
COOKIES - Peanut Butter	\$0.00
ITALIAN RICOTTA CHEESE CAKE	\$2.99
PRETZELS - Staceys - Small	\$1.99
YOGURT MUFFINS - Banana Nut	\$2.00
YOGURT MUFFINS - Blueberry	\$2.00
YOGURT MUFFINS - Bran	\$2.00
YOGURT MUFFINS - Chocolate Chip	\$2.00
YOGURT MUFFINS - Corn	\$2.00
YOGURT MUFFINS - Cranberry Orange	\$2.00
YOGURT MUFFINS - Lemon Poppy	\$2.00

**BEVERAGES-----ASSORTED BEVERAGES**

MIXED BAG	\$1.75
an assortment of teas, sodas & waters for corporate lunches & dinners	
MIXED BEVERAGES	\$1.75
A Mix of Teas, Sodas and Waters ... minimum 10	

**BEVERAGES-----WATERS**



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POLAND SPRING - 500 ml	\$1.00
POLAND SPRING SPORT	\$1.50
VITAWATERS - Energy	\$2.25
VITAWATERS - Essential	\$2.25
VITAWATERS - Perform	\$2.25
VITAWATERS - Power C	\$2.25
VITAWATERS - Revive	\$2.25

**BEVERAGES-----SODAS**

BARQ'S DIET ROOT BEER - 12 oz.	\$1.75
BARQ'S ROOT BEER - 12 oz.	\$1.00
CANADA DRY GINGER ALE - 12 oz.	\$1.00
COKE - 20 oz.	\$1.75
COKE -12 oz.	\$1.00
DIET COKE - 12 oz.	\$1.00
DIET COKE - 20 oz.	\$1.75
DIET DR. PEPPER - 12 oz.	\$1.00
DIET DR. PEPPER - 20 oz.	\$1.75
DIET PEPSI - 12 oz.	\$1.00
DR. PEPPER - 12 oz.	\$1.00
DR. PEPPER - 20 oz.	\$1.75
FANTA GRAPE - 20 oz	\$1.75
FANTA ORANGE - 20 oz.	\$1.75
PEPSI - 12 oz.	\$1.00
SPRITE - 20 oz.	\$1.75
SPRITE ZERO - 12 oz.	\$1.00
SPRITE ZERO - 20 oz.	\$1.75
SPRITE- 12 oz.	\$1.00

**BEVERAGES-----DRINKS**

GATORADE - Fruit Punch	\$1.89
GATORADE - Glacier Freeze	\$1.89
GATORADE - Lemon Lime	\$1.89
GATORADE - Orange	\$1.89
NESQUICK - Strawberry	\$2.29
SNAPPLE - Diet Peach	\$2.00
SNAPPLE - Peach	\$2.00
SNAPPLE - Raspberry	\$2.00

**BEVERAGES-----COLD TEAS**



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SNAPPLE - Diet Iced Tea w/Lemon	\$2.00
SNAPPLE - Iced Tea	\$2.00
SNAPPLE - Iced Tea w/Lemon	\$2.00

**BEVERAGES-----JUICES**

TROPICANA APPLE	\$2.25
TROPICANA JUICES - CALCIUM	\$2.25
TROPICANA JUICES - Half Gallon	\$4.99
TROPICANA ORANGE ANTIOXIDANT	\$2.25
TROPICANA ORANGE NO PULP	\$2.25
TROPICANA ORANGE SOME PULP	\$2.25

**BEVERAGES-----COFFEES & TEAS**

COFFEE - Large	\$1.50
COFFEE - Small	\$1.25
TEAS	\$1.50

**CORPORATE BREAKFAST**

"AIRPORT" - (serves up to 6) ** About half gallon	\$12.00
**COFFEE Includes milk, half & half, all sugars, cups & stirrers	\$0.00
BASKET OF BAGELS - (10 person minimum) Assorted Fresh Bagels served with Cream Cheese, Vegetable Cream Cheese, Jelly & Butter	\$3.50
COFFEE "URN" (serves up to 25) **	\$40.00
EXECUTIVE HOT BREAKFAST - (10 person minimum) Scrambled Eggs, Bacon, Sausage, Home Fries, Bagels, Fresh Fruit, Coffee** & Orange Juice	\$10.95
FRUIT SALAD (serves approx 4 ) One Pound -Per Pound Pricing-Please enter the number of pounds you wish order	\$6.99
MORNING INCENTIVE - (6 person minimum) Platter of Fresh Bagels, Cinnamon Rolls & Croissants Jelly, Butter & Cream Cheese, Coffee** & Orange Juice	\$8.95



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MUCHO MUFFINS - (10 person minimum) Basket of Fresh Baked Muffins served with Butter, Fresh Fruit Salad, Orange Juice	\$6.95
SLICED FRUIT TRAY - Medium (serves up to 30) Seasonal Sliced Fruits	\$65.00
SLICED FRUIT TRAY - Small (serves up to 15) Seasonal Sliced Fruits	\$35.00
SLICED SCOTTISH SMOKED SALMON	\$21.95

### CORPORATE LUNCH

THE CEO - (10 person minimum) ALL CEO ORDERS MUST BE A MINIMUM OF ONE DAY ADVANCE NOTICE. This includes a Hot Entree-please select from the List provided. Included is:  Vegetable & Starch Tossed Salad or Caesar Salad Tray of our Famous Dessert Bars and Cookies. (Beverages are sold separately) (CALL FOR ADDITIONAL CHOICES)	\$12.95
THE CHAIRMAN - (10 person minimum) An Assortment of our Signature Sandwiches accompanied with a Choice of Salad & a Bag of Chips	\$10.95
THE PRESIDENT - (10 person minimum) A Tray of Traditional Sandwiches with a choice of TWO Salads, a Condiment Tray, Chips & a Dessert Tray for your group	\$11.95
THE SECRETARY - (10 person minimum) Individually Packaged Lunch including Sandwich, Fresh Fruit Cup, Small Tossed Salad & Chips. Please select your salad from the available options and select your sandwich from any of our menus.	\$10.95
THE TREASURER - (10 person minimum) A Tray of Assorted Sandwiches with a Condiment Tray, Salad of your choice & Chips	\$8.95

### CORPORATE SNACKS & BEVERAGES-----BREAKFAST

BREAKFAST BURRITTO Egg, Salsa, Sausage & Cheese in a Tortilla	\$4.75
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EGG & CHEESE ON ROLL	\$2.50
EGG ON BAGEL	\$2.25
EGG ON ROLL	\$2.00
EGG, BACON & CHEESE ON ROLL	\$3.00
EGG, SAUSAGE & CHEESE ON ROLL	\$3.25
EXTRA BACON	\$0.00
EXTRA CHEESE	\$0.00
EXTRA EGG	\$0.00
TWO EGGS	\$1.75
No Bread	
TWO EGGS & TOAST	\$2.25
Choice of White, Wheat or Rye	

#### CORPORATE SNACKS & BEVERAGES-----SNACKS

BAKERY GOODIES - Mini Cinnamon Rolls	\$0.00
BAKERY GOODIES - Mini Croissant	\$1.00
BROWNIE BARS - Blondie	\$0.00
BROWNIE BARS - Raspberry Crunch	\$0.00
BROWNIE BARS - Truffle	\$0.00
CHIPS - CAPE COD-BBQ-Chips	\$0.00
CHIPS - CAPE COD-Reduced Fat Chips	\$0.00
CHIPS - CAPE COD-Regular	\$0.00
CHIPS - CAPE COD-Regular - Large	\$1.99
CHIPS - CAPE COD-Russet Chips	\$0.00
CHIPS - CAPE COD-Salt & Vinegar	\$0.00
CHIPS - Doritos	\$0.00
CHIPS - Doritos - Large	\$2.99
CHIPS - ROUTE 11-Garlic Herb Chips	\$1.29
CHIPS - ROUTE 11-Salt n Vinegar	\$1.29
CHIPS - ROUTE 11-Sweet Potato	\$1.29
CHIPS - ROUTE 11-Zumas	\$1.29
CHIPS - Terra - large	\$5.99
CHIPS - Terra - Small	\$1.49
CHIPS - Wise - Medium	\$1.99
CHIPS - Wise - Small	\$0.00
CHIPS - Wise BBQ - Medium	\$1.99
CHIPS - Wise BBQ - Small	\$0.00



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CHIPS - Wise Deli	\$0.00
COOKIES - Chocolate Chip	\$0.00
COOKIES - Oatmeal	\$0.00
PRETZELS - Staceys - Large	\$3.99
PRETZELS - Staceys - Small	\$1.99
YOGURT MUFFINS - Banana Nut	\$2.00
YOGURT MUFFINS - Blueberry	\$2.00
YOGURT MUFFINS - Bran	\$2.00
YOGURT MUFFINS - Chocolate Chip	\$2.00
YOGURT MUFFINS - Corn	\$2.00
YOGURT MUFFINS - Lemon Poppy	\$2.00

**BEVERAGES-----WATERS**

DESANI	\$1.50
VITAWATERS - Energy	\$2.25
VITAWATERS - Essential	\$2.25
VITAWATERS - Perform	\$2.25
VITAWATERS - Power C	\$2.25
VITAWATERS - Revive	\$2.25
VITAWATERS - Strawberry Focus	\$2.25
VITAWATERS - Vital - 1	\$2.25

**BEVERAGES-----SODAS**

COKE - 20 oz.	\$1.75
COKE -12 oz.	\$1.00
DIET COKE - 12 oz.	\$1.00
DIET COKE - 20 oz.	\$1.75
DIET DR. PEPPER - 12 oz.	\$1.00
DIET DR. PEPPER - 20 oz.	\$1.75
DIET SPRITE - 12 oz.	\$1.00
DIET SPRITE - 20 oz.	\$1.75
DR. PEPPER - 12 oz.	\$1.00
DR. PEPPER - 20 oz.	\$1.75
FANTA ORANGE - 20 oz.	\$1.75
SPRITE - 20 oz.	\$1.75
SPRITE- 12 oz.	\$1.00

**BEVERAGES-----DRINKS**



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GATORADE - Frost	\$1.89
GATORADE - Fruit Punch	\$1.89
GATORADE - Glacier Freeze	\$1.89
GATORADE - Lemon Lime	\$1.89
GATORADE - Orange	\$1.89
GATORADE - Rain	\$1.89
NESQUICK - Strawberry	\$2.29
SNAPPLE - Diet Peach	\$2.00
SNAPPLE - Lemonade	\$2.00
SNAPPLE - Peach	\$2.00
SNAPPLE - Raspberry	\$2.00

**BEVERAGES-----COLD TEAS**

ITO EN TEAS - Apple (Sweetened)	\$2.50
ITO EN TEAS - Green Jasmin (Non-Sweet)	\$2.50
ITO EN TEAS - Green/White (Non-Sweet)	\$2.50
ITO EN TEAS - Lemon (Sweetened)	\$2.50
ITO En TEAS - Peach (Sweetened)	\$2.50
ITO EN TEAS - Pure Green (Non-Sweet)	\$2.50
ITO EN TEAS - Rose Green (Non-Sweet)	\$2.50

**BEVERAGES-----JUICES**

MINUTE MAID - Apple	\$1.89
MINUTE MAID - Cranberry Apple	\$1.89
MINUTE MAID - Orange	\$1.89
TROPICANA JUICES - Pint	\$1.75

**BEVERAGES-----DAIRY**

EGGS - Dozen	\$1.49
HALF & HALF -Quart	\$3.09
HEAVY CREAM -Quart	\$3.99
MILK - Quart	\$1.89

**BEVERAGES-----COFFEES & TEAS**

CAPPUCCINO - Double	\$4.00
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CAPPUCCINO - Single	\$2.50
COFFEE - Large	\$1.50
COFFEE - Small	\$1.25
ESPRESSO - Double Shot	\$3.00
ESPRESSO - Single Shot	\$1.50
LATE - Double	\$4.00
LATE - Single	\$2.50
STARBUCKS - Coffee	\$2.99
STARBUCKS - Double Shot	\$2.99
STARBUCKS - Double Shot Lite	\$2.99
STARBUCKS - Mocha	\$2.99
STARBUCKS - Vanilla	\$2.99
TEAS	\$1.50

### FULL MENU SUGGESTIONS

MENU 1	\$16.95
Tossed Salad	
Roasted Vegetable Cous Cous Salad	
Maple Seared Salmon	
Roasted Potatoes	
Garlic Green Beans	
24 hours notice	
MENU 2	\$14.95
Caesar Salad	
Lasagna	
Baguettes	
Breads	
Assorted Wraps (sandwiches) cut in 3	
Dessert Tray	
24 hours notice	
MENU 3	\$11.95
Arugula Salad	
Balsamic Marinated Breast of Chicken	
Bruschetta	
Traditional Rice Pilaf	
Seared Green Beans Almandine	
24 hours notice	



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MENU 4 \$12.95

Spinach Salad  
Grilled Herb Marinated Breast of Chicken (corn salsa)  
Traditional Rice Pilaf or Roasted Potatoes  
Grilled Vegetables  
Breads  
24 hours notice

MENU 5 \$12.95

Tossed Salad  
Meat Loaf Mushroom  
Gravy on Side  
Roasted Butternut Squash  
Garlic Mashed Potatoes  
24 hours notice

MENU 6 \$18.95

Tossed Salad  
Fresh Fruit Salad  
Rosemary Seared Filet of Beef Roasted  
Red Bliss Potatoes  
Grilled Vegetables  
Breads  
24 hours notice

MENU 7 \$12.95

Tossed Salad  
Roasted Porkloin with Apples & Onions  
Rosemary Mashed Potatoes  
Green Beans / Garlic & Oil  
Balsamic Cous Cous  
24 hours notice

MENU 8 \$14.95

Tossed Salad  
Herbed Rotisserie Chicken  
Meat Loaf  
Rosemary Mashed Potatoes  
Green Beans Almondine  
Breads  
Dessert Tray  
24 hours notice